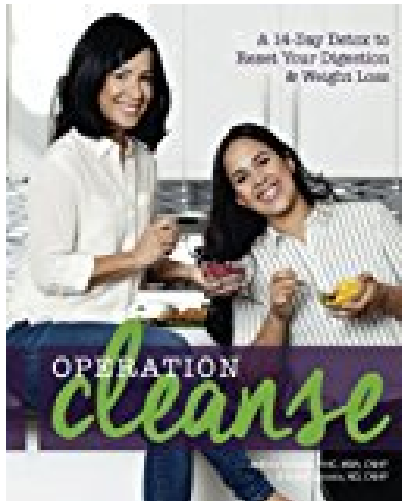


Operation Cleanse 14 Day Detox to Reset Digestion and Weight loss



BOOK DETAILS

- Author : Indhira Santana
- Pages : 158 Pages
- Publisher : Educational Keys
- Language : English
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BOOK SYNOPSIS

Since 2013, Operation Cleanse has helped thousands of people take their health back into their own hands. Participants have achieved permanent weight loss and attacked the source of their chronic bloating, constipation, fatigue, psoriasis and allergies. Operation Cleanse gives you the roadmap to make the permanent lifestyle change you've been looking for! Operation Cleanse is for you if you want to: · Nourish your body without giving up the foods you love· Lose weight and get rid of sugar cravings· Live a healthy lifestyle that fits into your busy routine This 14-day detox combines whole foods, cleansing smoothies and quality supplements to help you achieve something extraordinary and challenging for your body. Are you ready for the Operation Cleanse challenge?

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